



## Mr. Michael K. "Mike" Trainor

September 7, 1973 - June 5, 2024

Michael K. Trainor - Loving Husband, Father, and Brother

Michael K. Trainor, aged 50, was born in Lowell, MA on September 7, 1973.

The son of the late

Audrey (Ralls) Trainor and the late William Trainor. Shortly after, he moved to Chelmsford, MA,

where he remained a lifetime resident. He passed away unexpectedly, surrounded by family, on

Wednesday, June 5th, 2024 at Tufts Medical Center in Boston.

Michael attended Chelmsford Public Schools and graduated from Chelmsford High School in

1991. Following graduation, he earned his Bachelor of Science in Finance at Bentley University.

Over the course of 29 years, he worked as a Financial Advisor at TD Waterhouse Investor

Services, Fidelity Brokerage Services, Bank of America Investments, Charles Schwab and Co.,

and USAA Financial Services, finishing his career at Edelman Financial Services.

Michael cherished nothing more than spending time with his family. He met his wife at the age of

fifteen and thirteen, and ten years later, they got married, navigating life together for the next 25

years. He provided numerous opportunities for the family to bond, often organizing beach trips to Hampton Beach and Seabrook Beach in New Hampshire, as well as Moody Beach in Wells, Maine. Many afternoons were spent cheering on his four children at their sporting events, demonstrating unwavering support throughout their childhood. Michael particularly enjoyed beach outings, fishing with his two sons, and watching the sunset while listening to country music with his daughters. He is survived by his wife of 25 years, Marci (McDonald) Trainor, and their four children: Liam, Aidan, Molly, and Bridget. He is also survived by his brothers, Richard Trainor and his wife Erin, Jeff Trainor and his wife Kate, Shaun Trainor and his wife Rachel; his father-in-law, Frederick McDonald, his brothers-in-law, Todd McDonald and his wife Kristen, Timothy McDonald and his wife Melissa, Barry McDonald and his wife Lana; and his many nieces and nephews: Jackson, Sawyer, Carley, Chloe, Evelyn, Emerson Trainor and Tessa, Maryann, Rowan, MaryKate, Ryan, John, and Maeve McDonald. Mike was the son-in-law of the late Moira A. (Durkin) McDonald.

PRIVATE FAMILY FUNERAL SERVICES FOR MIKE WILL TAKE PLACE. AS AN EXPRESSION OF SYMPATHY, DONATIONS IN MIKE'S MEMORY MAY BE MADE TO ST. JUDE CHILDREN'S RESEARCH HOSPITAL AT [www.stjude.org/donate](http://www.stjude.org/donate) or by mail at St. Jude Children's Research Hospital, 501 St. Jude Place, Memphis, TN 38105.

ARRANGEMENTS BY THE FAY McCABE FUNERAL DIRECTORS

105 MOORE STREET

LOWELL, MA 01852

978-459-9222

[www.faymccabe.com](http://www.faymccabe.com)

## Cemetery Details

**A Private Burial will take place with the Family.**

# Tribute Wall

EK

“ So shocked and sad to hear this news. I had Mike as my financial advisor for about the past 8 years, he was such a wonderful guy, so friendly and personable, it was a pleasure to have known him. I am so sorry for your loss, my prayers go out to all of you. 🙏🙏🙏

*Edith Kenneally*

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**Edith Kenneally** - July 01, 2024 at 10:56 AM

JT

“ Marci & Family - We are so heartbroken to hear of the loss of Mike. Our thoughts and prayers are with with you all during this difficult time. We will forever remember the wonderful neighborhood gatherings we all shared the memories of Mike's humor and giggle. Our sincere love to you all. Jay, Janice & Alexandra.

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**Jay Taranto** - June 11, 2024 at 05:11 PM



“ I am so heartbroken to hear about Mike. I worked with Mike at USAA for years, and we went through all sorts of training in San Antonio spending weeks away from our families. I knew how much he missed you all every night we were away, especially after talking to his young girls at the time. We would find a way to make each other laugh through all of it. He had such a great sense of humor. I was fortunate to work with him again at Edelman. I'm going to miss having his energy here. God bless you all.

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**Christy Martinich** - June 10, 2024 at 06:05 PM

MH

“ So heartbreaking hearing this news. I have memories of Michael running around my Uncle Bill's house with his brothers. Thinking of all his family during this difficult time.

Mary Beth Trainor Hardy - June 09, 2024 at 05:15 PM



“ A sympathy card was purchased for the family of Mr. Michael K. "Mike" Trainor.



June 08, 2024 at 03:20 PM

BD

“ Dear Marci and family. Sending you my most heartfelt condolences on the loss of your husband Michael. Barbara Droll ( Foster Grandmother at Lincoln School )

Barbara Droll - June 08, 2024 at 05:56 AM

TJ

“ Coach Trainor volunteered his time to coach a startup baseball club in Lowell. When offered pay, he declined. He connected the club with equipment donations from Chelmsford Little League and said “every kid should have a glove”. He was a regular at practice and the kids loved when he brought out his tennis racket and balls to teach them how to track a fly. Mike gave a lot to his community. He was loved and will be dearly missed. 🙌❤️⚾️

Tyler Jones - June 07, 2024 at 07:37 PM



“ Sean & Erin Rourke lit a candle in memory of  
Mr. Michael K. "Mike" Trainor



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**Sean & Erin Rourke** - June 07, 2024 at 06:21 PM