



## Mr. John E. "Jackie" Trainor

July 14, 1951 - April 10, 2026

John E Trainor

“Jackie”

LOWELL—John Edward Trainor, “Jackie”, 74, passed away peacefully on Friday April 10, 2026 at his home in Dracut, MA, surrounded by his loving family . He was born in Lowell on July 14, 1951 and was the son of the late Rita Jeannette (Therriault) Trainor and John Leo Trainor who are now embracing their loving and cherished son. He found joy in the company of others and was cherished by those who had the pleasure of knowing him.

Jackie is survived by his siblings Arthur Trainor and his wife Pamela of Dracut, Marie Dunn and her husband William of Lowell, Denise O’Connor and her husband Daniel of Lowell, Brian Trainor and his wife Elizabeth of York Maine, and Janet Dellea and her husband David of North Andover. He also leaves many nieces, nephews, cousins, and friends. The family would like to thank the nurses and caregivers at his Bridgewell home for their compassionate care as well as Tufts Hospice nurses and caregivers.

Relatives and friends are respectfully invited to Jackie’s Funeral Mass on Saturday morning, April 18, 2026 at 10 AM at Holy Family Parish – St. Marie’s Church, 75 Chamberlain St. Lowell, MA. Please go directly to the Church. His burial will take place at St Joseph’s Cemetery, Chelmsford.

In lieu of flowers, as an expression of sympathy, the family requests donations in Jackie’s memory be made to the United Cerebral Palsy Foundation at [ucp.org](http://ucp.org)

ARRANGEMENTS BY THE  
FAY McCABE FUNERAL DIRECTORS  
978-459-9222 [www.faymccabe.com](http://www.faymccabe.com)

# Cemetery Details

## St Joseph Cemetery

96 Riverneck Rd  
E. Chelmsford, MA 01824

# Previous Events

## Funeral Mass

APR 18. 10:00 AM (ET)

Holy Family Parish – St. Marie's Church  
75 Chamberlain Street  
at the corner of Grafton Street  
Lowell, MA 01852  
(978) 453-2134

## Burial

APR 18. 11:30 AM (ET)

St. Joseph Cemetery  
96 Rivverneck Road  
Chelmsford, MA 01824

# Tribute Wall



“ *Dear Janet, David, and family,*

*What a beautiful picture! We are so sorry for your loss of Jackie. Our thoughts and prayers are with you. You took such great care of Jackie - your parents would be so proud. They are taking it from here. May he rest in peace.*

*Love, Rene and Sheila*

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**Sheila and Rene Morin** - April 15 at 09:47 AM