



## Mr. Francis H. "Frank" McCabe

October 21, 1949 - July 29, 2020

Francis H. McCabe, Sr.

"Frank"

Loving Husband, Father, and Grandfather

LOWELL--Francis Henry McCabe, Sr. "Frank" passed away peacefully on Wednesday, July 29, 2020 after a long battle with pancreatic cancer. He was the beloved husband of Paula C. (Healy) McCabe, to whom he was married for 47 years.

Frank was born in Lowell on October 21, 1949, a son of the late Edward I. and Katherine (Fay) McCabe. He was a graduate of Sacred Heart Grammar School, Keith Academy, Class of 1967, and the New England Institute in Kenmore Square, Boston.

A third generation Funeral Director, Frank worked along side his father and eventually owned and operated the Funeral Home for over 40 years. Frank was a communicant of the former Sacred Heart Church and the Immaculate Conception Church.

Following his retirement, he followed his true passions; carpentry and general contracting. He built custom furniture upon request, but truly enjoyed building homes. While his business, Aspenwood, developed and built across the region, his specialty became building projects in York, Maine.

Frank lived a very full life filled with fun and adventure. An accomplished skier, golfer, runner, and sailor, Frank welcomed new challenges throughout his life. Frank ran marathons, skied the Rocky Mountains, sailed his boat from Maine to Nantucket, and (occasionally) fired a round of golf in the 70s in his heyday.

Frank always enjoyed a good time with his great friends, but what he enjoyed most was spending time with his family. He was at his happiest when with his wife, children, and grandchildren at the beach or a family cookout. Frank also enjoyed the company of his many nieces and nephews.

Frank leaves behind a great legacy and a life well lived.

Surviving Frank are his wife Paula C. McCabe, his son Francis H. "Frankie" McCabe, Jr. and his wife Amy McCabe, his daughter, Courtney (McCabe) Davidopoulos and her husband Paul, his six grandchildren, Francis McCabe, Elizabeth McCabe, Maura McCabe,

Noah Davidopoulos, Matthew Davidopoulos, and Sadie Davidopoulos; his only sister, Anne (McCabe) Dean and her husband Donald; many brothers and sisters-in law, nieces, nephews, cousins, and god children.

## FUNERAL NOTICE

McCABE—Passed away Wednesday, July 29, 2020, Francis H. “Frank” McCabe, 70, the beloved husband of Paula (Healy) McCabe. Family and friends may call at the FAY McCABE FUNERAL HOME, 105 MOORE STREET, LOWELL on SUNDAY, AUGUST 2, 2020 from 3 until 6 PM. To ensure the health and safety of all, social distancing measures will be in place and face masks will be required. Due to current restrictions, Frank’s FUNERAL MASS on MONDAY will be PRIVATE.

As an expression of sympathy, in lieu of flowers, donations in Frank’s memory may be made to the funds that have been established for his grandchildren, “Fans of Frankie” and “Miles for Matthew”, at any Enterprise Bank Branch.

ARRANGEMENTS BY FUNERAL DIRECTORS EDWARD I. McCABE & SON.

# Events

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**AUG** **Calling Hours** 03:00PM - 06:00PM

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Fay McCabe Funeral Home

105 Moore Street, Lowell, MA, US, 01852

# Comments

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“ Our family is so grateful to have known Frank and to have worked with him on so many of his housing projects. He will be sorely missed here in York Beach. Our sincere sympathy to the McCabe family. Rest In Peace Frank

Gil & Sue, Mike and Dan Moran

**Gil Moran** - August 23, 2020 at 07:31 PM

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“ So many memories .. never had a bad time in his company .. remembering mid amateur story when he was paired with the medalist .. running days .. member guests .. Rest In Peace

**philip & Lynne Scannell** - August 05, 2020 at 10:19 AM

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“ From time to time, I used to help Frank out with his computer(s). While Frank had many, many talents and accomplishments, computers were not one of them. Frank was a great guy with a tremendous sense of humor, and I always enjoyed helping him out, as I always left with a smile on my face. Truly a life well lived. My condolences to all of the family: Paula, Frankie Jr., Courtney and the grandkids.

**John F. Burns** - August 03, 2020 at 04:43 PM

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“ Dear Paula, Frankie, Courtney, and family - I am so deeply sorry to learn of Frank's passing. The heart of a fine gentleman stopped beating; surely his kind and caring soul was welcomed into Heaven.  
With Sincere Sympathy – Peggy Hassett

**Peggy Hassett** - August 03, 2020 at 02:39 PM

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“ The family of "Uncle Fran" sends their deepest condolences to Paula and the Healy clan over the loss of Frank. May you rest in peace.

**DONALD HEALY** - August 02, 2020 at 03:15 PM



“ As a cousin of Paula Healy we Just want to express our sympathies for your loss.  
Kevin & Deb Healy

**Kevin Healy** - August 02, 2020 at 02:01 PM

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“ Frank was my friend. I knew him as a kid, his uncle Hank and Aunt Midge were related to us and we shared many cookouts at the holidays. Frank had humor, boy did he have humor!

As a kid, he would always make me laugh, he could even say my name and I would laugh!

One of Frank's best friends later in life, Brian Barry, wrote a birthday wish to Frank in the Lowell Sun and dubbed him, Dr. Pleasure.

Frank didn't like the post, not wanting the public to know him as he was, he is supposed to be very reserved in his funeral director's job.

Not quite sure Frank ever forgave Brian, but his friends know who Frank was and Dr. Pleasure is fitting. Frank loves to have a good time, he always talked about his family and was a great friend to many.

Brian Barry, Paul Burke, Jim Cooney and myself shared quite a few fun golf trips. Frank was a good golfer as a kid and middle life, but work and family came before golf later on and I remember him saying, maybe in his 40's that golf wasn't that important to him.

Paula, Frank, Courtney

I am sorry I won't be there today, in today's times, I need to be safe for my family, I can't give you a hug and tell you that Frank was a friend and great guy and I will miss his humor and him.

So this will have to do

Rest In Peace my friend

**Kerry McNamara** - August 02, 2020 at 01:15 PM



“ I pressed post too quickly,

My wife Liz also shared many a laugh with Frank, the most recent being in Quechee at Coleen Barry's wedding, which was a super fun time.

It must have been 1 or 2 in the morning, we were heading to bed when Frank corralled Liz and said, you guys are not going to bed, you're going to sit here with me and have a nightcap!

Liz never walks away from a good talk, and that was.

So from both of us, Frank, rest in peace

**Kerry McNamara and Liz** - August 02, 2020 at 01:25 PM

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“ Thank you, for all you have done for family to make a difference.



**Lillian Martin** - August 02, 2020 at 09:44 AM

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“ You were simply THE BEST... May you Rest in the Sweetest Peace xoxo love Betsy Evans

**Betsy Evans** - August 01, 2020 at 07:21 PM

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“ Love you, Dude.  
Jack Costello

**Jack Costello** - August 01, 2020 at 05:11 PM

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“ Love you, Dude.  
Jack Costello

**Jack Costello** - August 01, 2020 at 05:04 PM

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“ Frank excelled as a businessman, builder, carpenter, golfer, marathon finisher, sailor, skier, and surfer. BUT, what he excelled the most at was as a Husband, Father, Grandfather, Uncle, and Friend. He was always there when you needed him. Rest In Peace, Pal !! You will be missed. Jackie & Bob Healy.

**Bob Cancel** - August 01, 2020 at 11:37 AM

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“ Frank was always a "Gentleman". "May He Rest In Peace". Sincerely; "Denny" Quinn - a Friend. I enjoyed seeing Frankie & His Family by the Bath House at Long Sands Beach, York. Me!!!!

"Denny" Quinn - August 01, 2020 at 10:17 AM

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“ So sorry for your loss. Good friend with great sense of humor. Great times in high school

Pierre Descoteaux - July 31, 2020 at 11:59 PM

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“ So so sorry for your loss Paula, May Frank RIP.

Barbara (Blake) O'Leary

Barbara O'Leary - July 31, 2020 at 07:50 PM

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“ There will never be another Frank McCabe. Totally impossible. We are heartbroken for you Paula and your kids and grandkids and for all of us.

Nancy Rourke - July 31, 2020 at 07:39 PM

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“ So sad to hear about the passing of Papa Frank. We enjoyed being in his company at family gatherings in North Andover. He was truly a great father and grandfather. Please know you are all in our prayers and thoughts.

“Owl” and Marie Furneaux - July 31, 2020 at 06:05 PM

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“ My thoughts and prayers are with you all. Papa Frank was a great man.

**Debbie Swenson** - July 31, 2020 at 05:49 PM

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“ So sorry for your loss my deepest condolences and sympathy, my thoughts and prayers are with your family.

**Matthew Crowley** - July 31, 2020 at 05:57 PM

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“ One the best memories of Frank was when he and I were at the Lowell City Golf tournament, and Frank was no longer a member of Vesper CC, he and I were sitting at a table and along comes the waitress and says may I get you a drink, and of course, we both say yes, and the (new staff) waitress ask if was a member of Vesper and Frank said yes, and I of course I played along. The girl said may I have your name, sir, O'Donnell, James/Jim O'Donnell, and Frank said to her to make - you keep those drinks coming for my wife and me. From that day forward, anytime I saw Frank in public, he would always greet me by saying well hello to Mrs. O'Donnell, and I would say back Hello to you too, Mr. O'Donnell, James.

Cheers to you Frank until we meet again!

Please don't forget to save me a seat a the bar.

Blessings,

Faith Ann Lawlor

**Faith Ann Lawlor** - July 31, 2020 at 05:34 PM

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“ May God welcome you home Frank



**Eileen Horan** - July 31, 2020 at 05:34 PM

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“ The Furey family sends their sincere condolences. Our thoughts and prayers are with you.



**Lyn (Furey) Snow** - July 31, 2020 at 05:20 PM

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“ Sean And Erin Rourke lit a candle in memory of Mr. Francis H. "Frank" McCabe



**Sean and Erin Rourke** - July 31, 2020 at 04:56 PM